



Active Plus Community Interest Company

Directors' Role Profile (unpaid)

Who we are

Active Plus is a Community Interest Company that helps people fulfil their potential through courses, activities and one to one support that motivates, inspire confidence and builds life skills, helping people to tap into their own potential.

Unique to Active Plus is that this applies to both course participants and the tutors. The majority of our tutors are military veterans, being supported by Active Plus on their own personal journeys. Our tutors empathise with, inspire and become role models for participants of all ages. Together positive outcomes are achieved for all.

Typically, military veterans start their journey with Active Plus as volunteers, rebuilding confidence, motivation and rekindling their skills through helping others. Some go on to paid full or part time employment with Active Plus, some go into jobs with other organisations or start their own business.

What we do

Active Plus has five *divisions* each focusing on a different part of the community.

- *Active Plus Your Future* supports young people to engage more effectively with school;
- *Active Plus Works* helps unemployed people back into work;
- *Active Plus Active Ageing* supports older people to build friendships and become active in their communities;
- *Active Plus Business* delivers team building for businesses;
- *Active Plus Health and Wellbeing* focusses on wellbeing, condition management and positive mental health.

Our ethos is about people helping themselves through helping others. This is reflected in the mutual benefits for course participants and course tutors and in the emphasis we place on skills, confidence, connections and employability through volunteering and projects that benefit the wider community. It's a win-win-win situation!

We deliver across Cornwall, Devon, Swindon and Wiltshire. Our funders and investors include the Big Lottery Community Fund, Department for Work and Pensions, Skills Funding Agency, European Social Fund, Local Authorities, the NHS, local schools, colleges and businesses, Ministry of Defence and the Royal British Legion.

Who we are looking for

Since 2011, Active Plus has achieved steady financial and geographic growth and has expanded the delivery model to new participant groups. We have a five-year business plan with clear strategic objectives and have the opportunity to expand further. We are therefore also looking to further expand the skills and experience within our Board of Directors. We are seeking Directors to agree and challenge our strategic direction, maintain high standards of governance and oversight; and provide expert advice and support to the Company. In particular, we are seeking Directors with business, finance and/or public relations experience.

As an unpaid Director you would actively contribute to the Board of Active Plus Community Interest Company, with:

- A commitment to our vision and mission
- Integrity, strategic vision and independent judgement
- An ability to take impartial decisions on behalf of the organisation
- An ability to work effectively as part of a team
- Good communication skills, tact and diplomacy
- In addition, each member should use any specific skills, knowledge or experience they have to help the Board reach sound decisions.

Directors will be expected to attend quarterly Board meetings; dates are set annually.

What we offer Directors

The opportunity to

- Be part of an exciting, award-winning Community Interest Company with a reputation for quality of services
- Play a role in our ambition and growth
- Contribute your personal and professional skills outside your usual work environment.

For more information

Visit our website www.activeplus.org.uk and find us on [YouTube](#) [Twitter](#) [Facebook](#)
Give Danny Daniell our Managing Director a call on 01326 567174